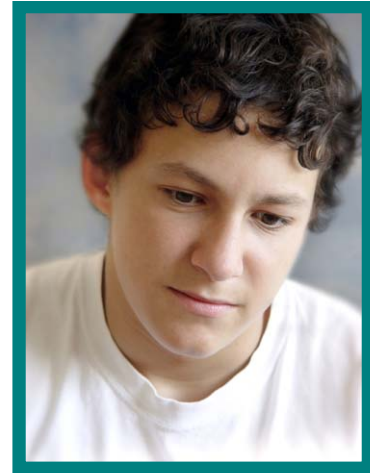


Prepared for Life

Coaching for Adolescent Boys

*Have you ever wished there was another place, a safe place in addition to home and school, for your son to talk about what's on his mind and figure out his life? Do you worry sometimes about your son—does he have the right friends? Enough friends? Does he know what he plans to do after high school? Do you sometimes think he needs an adult who understand him, but is not a parent or teacher? **Coaching might be the answer!***



All human beings benefit from have a safe place to talk about their thoughts and feelings and figure out the next steps. Dr. Norrine Russell, Developmental Psychologist, offers “Prepared for Life” for Adolescent Boys, which is a six-session personal coaching experience focused on:

- Goal-setting
- Social skills
- Motivation
- Leadership skills
- Being a teenager
- Respect for others

Customized topics are available by request. The cost is \$299 for the six sessions.

These coaching sessions are scheduled at your family's convenience, in one of three locations (Carrollwood, South Tampa, University Area), and are designed to provide your son opportunities for personal growth.



Norrine
Russell



COACHING & CONSULTING

Call/Text: 813-508-2367

Web: www.norrinerussell.com

Email: norrine@norrinerussell.com